

### **Contact Information**

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# Need help filing your taxes this year?

Find local community organizations hosting free virtual tax clinics.

Volunteers may be able to complete and file your taxes for free, by phone, videoconference, or through a modified drop-off clinic.

To find a clinic, go to: Canada.ca and search free tax clinics.



### A MESSAGE FROM YOUR MP

Dear Neighbours,

Like most Canadians, I understand how stressful and frustrating the continuing global pandemic has been. People are feeling exhausted, yet they are doing their jobs and persevering.

I commend the vast majority of Canadians who got vaccinated, wear masks as required, and go about their days doing what's best for their health, their families and their communities.

I want to personally thank all those on the frontlines who are working so hard to get us through this pandemic. We owe a debt of gratitude to the healthcare workers, teachers, retail employees, truckers and many others who continue to show up for work during these difficult times. Your dedication and commitment over the past two years is deeply appreciated.

The heart of Canadian democracy is our Charter of Rights and Freedoms. No one denies the rights of those who wish to voice their opinions in a peaceful and lawful or law abiding way. With our rights and freedoms comes responsibility.

We know there are boundaries we do not cross. People harassing other Canadians and displaying images of hate cannot be tolerated. We understand that verbal abuse and hate speech attacks the free speech of its victims.

We need to stand up to hateful actions and continue to be united as Canadians. We must put national interests ahead of partisan interests and work together. Our shared values of respect and concern are what Canadians demonstrated over the last two years through this pandemic. Let's appreciate and build on that. The world is watching.







Ottawa Update



I am proud to serve on the Agriculture Committee, meeting on important issues in support of our agricultural community. I have met with local feed mills, processing facilities, transportation companies and farmers in our region.

Since being re-elected in September, I have hosted meetings with:

- The Grain Growers of Canada
- Produce Marketing Association
- Egg Farmers of Canada
- Agri-Food Trade Alliance
- Canadian Horticultural Council
- Cattle Feeders' Association
- Agri-Food Innovation Council
- Canadian Cattlemen Association

I also serve on the Heritage Committee. Currently, we are undertaking a comprehensive study of the challenges related to the recovery of the arts, culture, heritage, and sport sectors, which have been deeply impacted by the COVID-19 pandemic.

## Black History Month

Every February, we mark Black History Month – a time to celebrate the legacy of Black Canadians, past and present.

As we all know, Black Canadian History is Canadian history and no matter the month of the year, Black Canadians have contributed much to make Canada the culturally diverse, compassionate and prosperous nation it is today.

Those contributions are a part of who we are – and that's why this year's theme is "February Forever – celebrating Black Canadian History Today and Everyday." Though we can't take part in in-person events this month, I encourage you to meet some of the local groups in our region and join in their celebrations virtually.







